

DATE: 17/11/2020

**Event**

**Coordinator(s)**

**Prof. Pratibha  
Sudhakaran**

**Student**

**Coordinator(s)**

- 1. Mandar Bagwe**
- 2. Abhishek Sharma**
- 3. Manish Pandian**
- 4. Divij Pawar**
- 5. Omkar Gorhe**
- 6. Mukesh Parmar**

**Time:**

**6pm to 7:30pm**

**Place:**

**Zoom Platform**

**Department:**

**E-Cell XIE**

**No of  
participants:**

**76 participants**

The speaker for the event was Lt Cdr. Bijay Nair. He is a decorated Indian Naval Officer and a war veteran.

The event started with the brief introduction on the Naval life of the speaker. He started the webinar with a quote, “**Experience the Experience of Experiencing the Experience**”. He also mentioned that every child is a special child and each has some or the other special quality. Then, the speaker started sharing his story about his journey from a normal ten-year-old boy to a Lieutenant in the Indian Army to an Author.

He also went on to share his arduous journey to crack the the NDA exams and also how he cleared the SSB interview.

While being in Navy for a short span of 10 years, Lt Cdr. Bijay Nair was a part of many key Navy operations like Operation Talwaar, Operation Vijay (Ind-Pak 1999 Kargil War) and Operation Parakram. He was just a regular Naval officer in these wars. In 2003-2004, he received many awards from the Flag Officer Commanding in Chief. Later in 2006, he himself was the Chief of Naval Staff. He did his specialization in Missiles and Weapon Control.

Then after retiring from Navy, he went back to the basic exercise of the Armed Forces i.e. Running. From then his living mantra became, “I Run Therefore I am.” He ran in 14 countries and is a veteran of 06 Ultras; 18 FMs; 120 plus Half Marathons; many 10kms. In 2019 he was part of Indian Comrades Team and finished the grueling 87kms Up Run in 11:48 hrs.

As an Entrepreneur, he always liked to take risks in life and then shifted his focus in writing. He has written 3 books, #Theyinspire, Locked in Tales, B.H.A.G.H. 3000 plus copies were sold of his first book.

He believes in sharing his knowledge; through his blogs and motivational talk. He is invited for many workshops in corporates; schools and colleges. He loves introducing a career in defense forces to school and college kids.

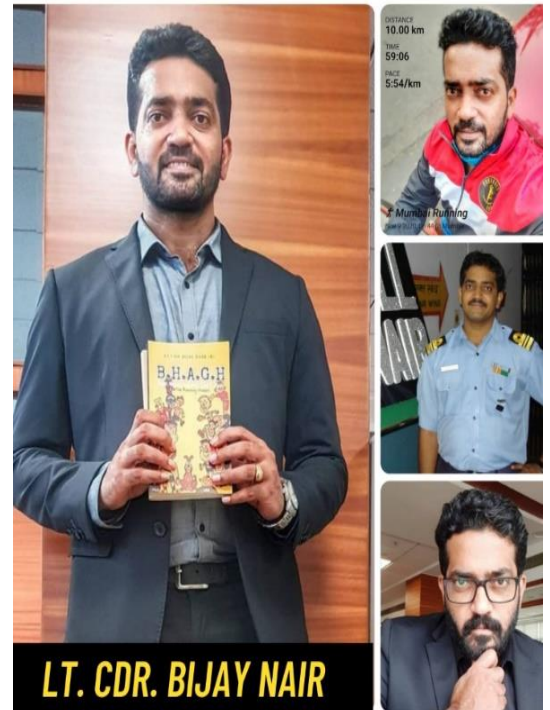
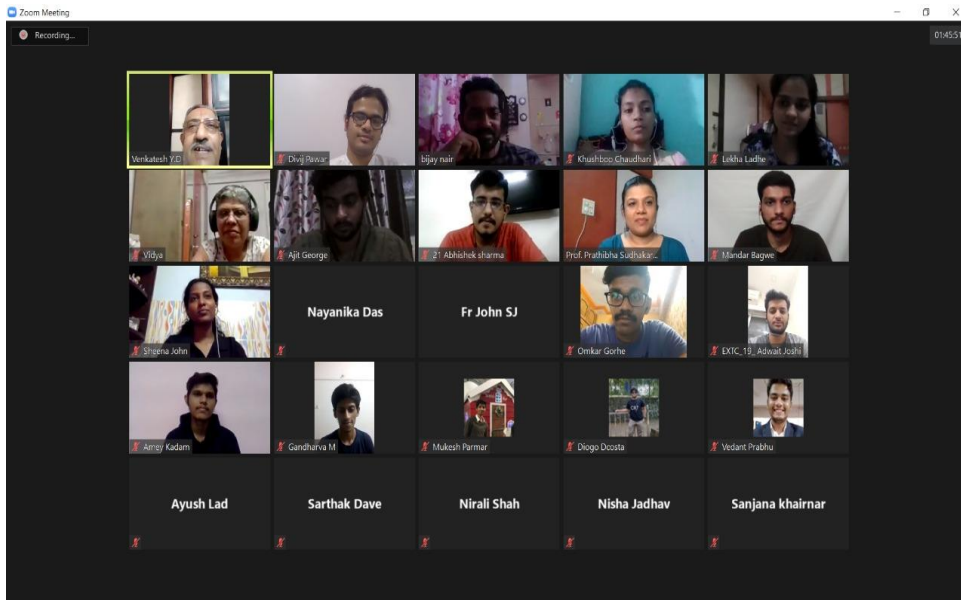
A soldier's life is full of risk and so is Entrepreneur who is about to start a business career. He is now an Associate Vice President and leads the compliance quality and audits for one of the National Importance and Prestigious Compliance body.

The session ended with some golden thoughts from our Director Rev. Fr John Rose S.J. and our respected Principal Dr. Y. D. Venkatesh on Armed Forces- As a career option for Engineers.

Everyone present at the webinar got inspired from his life journey. The general information shared by Lt Cdr.Bijay Nair was-

- 1) One can surely join defense as a Career Option be it Technical or Non- Technical.
- 2) He also said about his preparation for Ironman Achievement. It is a Triathlon race with 40 years of history which comprises of 3.8km swimming, 42.2km marathon and 180km bike ride. The winner is known as Ironman.
- 3) There is no reservation in Armed Forces and selection is purely based on an individual's excellence in the entrance exam rounds.

## Photographs taken during the webinar



**LT. CDR. BIJAY NAIR**

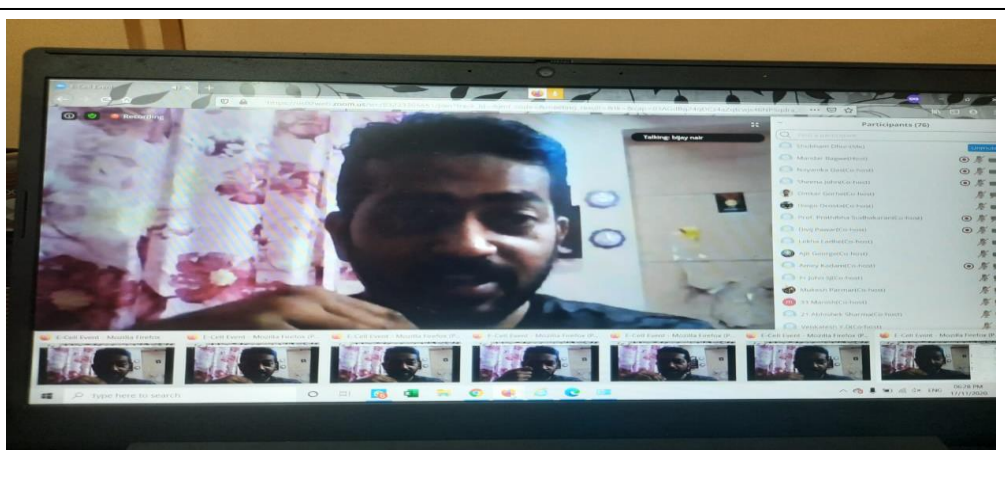
Author, Entrepreneur, ex-Naval Officer, Humorist, Marathoner, Blogger, Anchor he does it all.

In an interactive session he will be discussing various career options for engineers in defence as well as his perspective on life.

Join us live on zoom to talk about his journey from an Engineer, to a War veteran, to a Vice President.



17th November,  
Tuesday at 6:00pm  
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